

Beliefs

1. Highest definition, truth and perspective
2. What it feels like, how to apply it, when to apply it and how to live my daily life
3. It is possible
4. I am able to receive
5. I allow myself
6. I allow others
7. Others allow me
8. I allow others to allow me
9. I am capable
10. I easily discern and understand
11. I easily express
12. I am sovereign
13. I deserve and I am worthy
14. I am able to maintain
15. I am safe
16. Others accept me
17. I accept myself
18. I learn
19. I grow
20. I am strengthened
21. I am impervious
22. I know how to/it is possible/I am capable/ I deserve to live my daily life **without**
23. I honor healthy boundaries
24. I trust
25. I am whole
26. I am free

Structures

- 1) Spiritually
- 2) Emotionally
- 3) Physically
- 4) Mentally
- 5) Behaviorally
- 6) Psychically
- 7) Creatively
- 8) Financially
- 9) Sexually
- 10) Intellectually
- 11) In Family
- 12) In business
- 13) In relationships
- 14) Gender-based
- 15) Personally
- 16) Culturally
- 17) Collectively
- 18) Non-physically
- 19) Structurally
- 20) Past, present and future (All Time)

Conditions

Clear all unhealthy conditions and conditional patterning to manifesting this new reality

Traumas

Resolve all traumas and victimhood related to issue(s)

Emotions

Heal all emotions related to: Anger, rage, resentment, hatred, fear, terror, dread, arrogance, prejudice, violence, rejection, abandonment, worry, anxiety, confusion, doubt, hopelessness, suppression, let down, inadequacy, trauma, helplessness, addiction, betrayal, loneliness, duality, embarrassment, anticipation, expectation, trepidation, disillusionment, disappointment, victimhood, addiction, sorrow, grief, shame, guilt, agony, pain, anguish and any other emotions not serving their highest good

Imbue with highest truth of:

Forgiveness, compassion, clarity, understanding, clear discernment, love, Light, clear expression, happiness, courage, joy, Divine Truth and any other appropriate emotions

Personal Clearing

Heal and release *unhealthy* chords, hooks, entities, implants, addiction, manipulation/deception programming, viruses, parasites, storylines, patterns and return soul fragments

Negative Agreements

Release all unhealthy curses, promises, covenants, oaths, exclamations, vows, contracts, agreements, bindings

Cells, Genes, DNA/RNA

Heal, balance and integrate all associated cellular function, gene complexes, DNA/RNA for optimal physical manifestation.

RELEASE ALL RESONANCE BARRIERS TO HIGHEST POTENTIAL AND INTEGRATE CHANGES FOR FULL COMMUNICATION BETWEEN SUBTLE AND PHYSICAL THROUGHOUT ALL EXPRESSIONS.