



BELIEFS TO CHECK

Ego

My ego is healthy and balanced [NO]	My discernment is clear and courageous
I easily observe my faults [NO]	I am willing to change
My ego supports my expansion [NO]	I love to learn and grow
I receive constructive criticism easily [NO]	I appreciate other viewpoints

Love and Relationships

Relationships never last	Relationships are always the perfect length
Men/women always cheat	I easily discern and deserve a loyal mate
Being in a relationship means giving up my dreams	Relationships enhance my life and growth
Relationships are painful	Relationships are loving and enriching
I am unlovable	I deserve human unconditional love
I hate myself	I love myself unconditionally
I deserve to be completely loved [NO]	I deserve to be completely loved by humans

Money

I am poor	I am rich
Money is evil (or the root of all evil)	Money is just an energy exchange
I have to work hard for money	Money is easy to make
Spiritual people must be poor	Spiritual people are able to be rich and remain spiritual
If I am poor I will be closer to God	God loves all people equally
Rich people are selfish	Rich people help others, too
I must hurt my body to make money	My body easily supports making money
I hate money	I love money
I only have as much money as I need	I deserve to have more money than I need
If I am rich others will be poor	There is enough money for everyone

Healing

I will be tortured and killed for being a healer	I am safe being a healer
I am blocked from healing people	Life (God/Love) is able to heal anything through me
Healing is hard	Healing is easy
I am blocked from healing physical (etc.) issues	The body is a natural healing mechanism
Healers must be poor	Healers are safe to be rich
I am able to give (or receive) healing [NO]	I am able to heal spontaneously
I am safe to be a healer [NO]	I am safe as a healer

Extrasensory Perception

Psychics are killed for their gifts	I am safe as a psychic
Psychics are evil	I use my psychic skills to improve life
I am clairvoyant (etc) [NO]	I am clairvoyant
My psychic gifts are limited	My extrasensory perception increases constantly

Physical Health

I am unable to control my weight	I understand what a healthy lifestyle feels like
I am always sick	My immune system is strong and effective
I am weakened by environmental pollutants	I am immune to environmental influences
It is easy to maintain a healthy lifestyle [NO]	My health is fun to sustain

This is just a TINY list. Test it and change it with the Crystalline Soul Healing template.